

Fit The Soul

We create Women Leaders

LIVE TO LEAD

Your path to leadership.

JOIN US IN OUR MISSION:

to equip and empower 1 million women by 2030

Be a part of this journey



Mould yourself to become the leader you were born to be

Join these programs to hone in on your leadership



SOUL CONNECT
Networking



BUILDING BRIDGES
Communication



LEAD BOLDLY
Leadership



GOAL GETTERS
Goal Setting



MENTOR ME
Mentorship

Soul Connect

Create an **effective networking strategy** that lasts a lifetime

Create a unique **personal brand for yourself**

Understand the **power of team networking**

Get **discovered and connected for best opportunities**

Build a social capital that aligns with your goal



Mentor Me

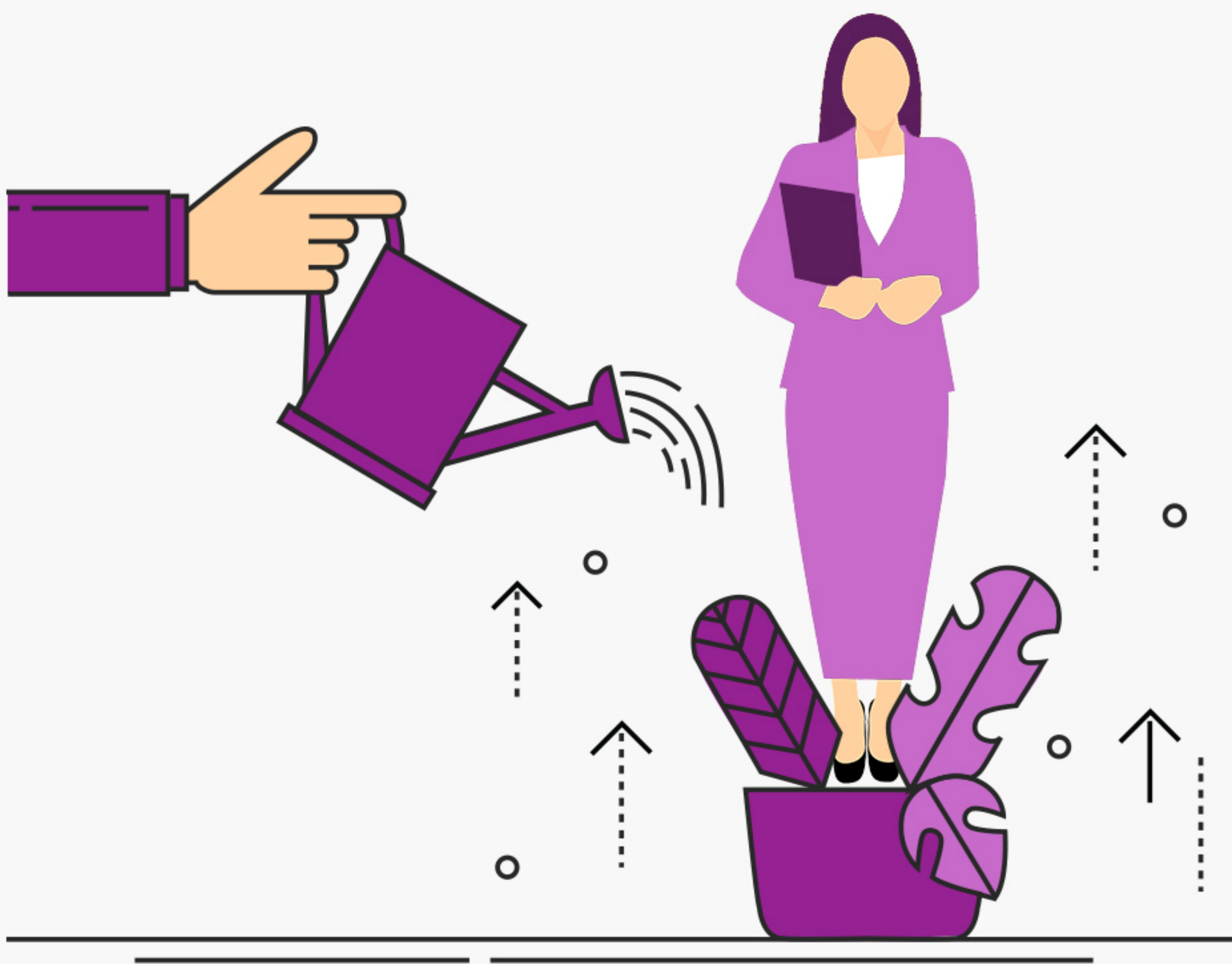
Why do you need mentors/mentees?

Sharpen the saw

Develop a niche and **build the brand YOU**

How to identify a mentor that will **transform and catapult** the brand **YOU**

Create room for a mentee and **help someone grow** their brand



Building Bridges

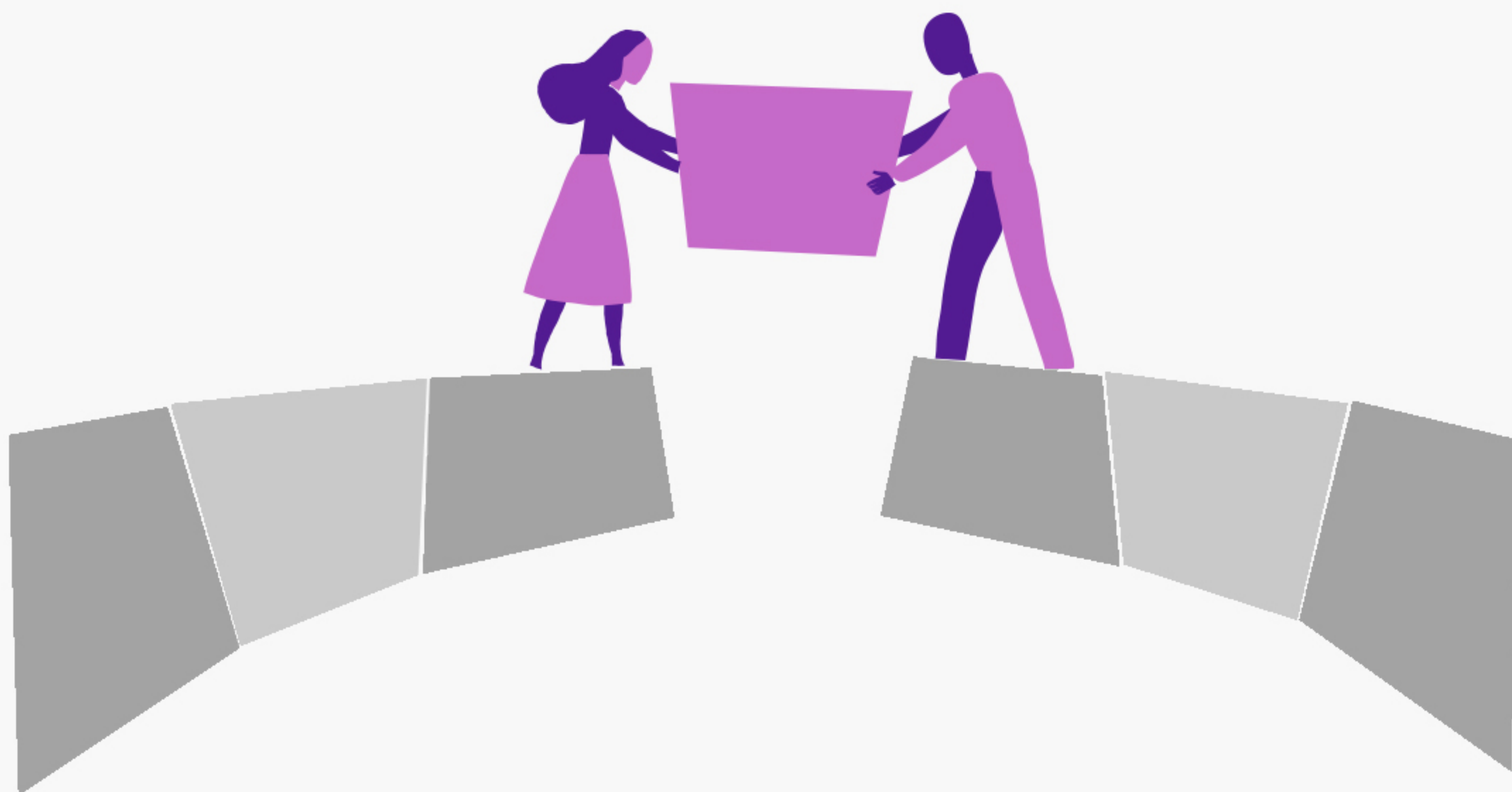
What stops you from **communicating effectively?**

Spontaneous communication

Create **impactful zoom sessions**

Story telling

Curate not just create



Goal Getters

Begin with end in mind

The **Goldilocks rule**

The 4 steps to **effective goal setting**

Are you a **settler** or are you gonna be a **goal getter**?



Lead Boldy

Dare to lead

The **power of** the brand **YOU**

Ignite your crazy

Are you **ready to leave your cocoon?**

Vulnerability; wear it on your sleeve

Unleash the leader in you!



Work with us

OUR PARTNERS



In our endeavor to touch the lives of 1 million women

Join us in our journey

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